








# AUTUMN years

ALZHEIMER'S LIVING at OJAI

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	DECEMBER
 				<p style="color: red; font-size: 1.2em;"><b>Happy Birthday</b></p> <p>Ruby Agard 12/7 Phyllis Dilks 12/1 Dorothy Barrett 12/14 Joyce Schnell 12/28</p>	<p><b>1</b></p> <p>9:30 Exercise 10:00 Reminisce 2:00 Outing Lake Casitas 3:00 Nature ride</p> <p style="color: red; font-weight: bold;">Happy Birthday Phyllis</p>	<p><b>2</b></p> <p>9:30 Exercise 10:00 Beauty Time 2:00 Table Game 3:00 Movies</p>	<p style="font-style: italic;">Autumn Years</p> <p>158 Rockaway Road Oak View, CA 93022 (805) 649-5143</p> 
<p><b>3</b></p> <p>9:30 Exercise 10:00 Sunday Mass 2:00 Sunday Paper 3:00 Sunday walk 4:00 Sports T.V.</p>	<p><b>4</b></p> <p>9:30 Exercise 10:00 Reminiscing 2:00 Nature Walk 3:00 Sorting</p>	<p><b>5</b></p> <p>9:30 Exercise 10:00 Christmas Stories and songs 11:00 Christmas art 2:00 Afternoon Walks 3:00 Bead Stringing</p>	<p><b>6</b></p> <p>9:30 Exercise 10:00 Music and Dance w/ Gloria 2:00 Bingo 3:00 Lake Casitas</p> 	<p><b>7</b></p> <p>9:30 Exercise 10:00 Music and Dance w/ Gloria 2:00 Puzzles 3:00 Lake Casitas</p> <p style="color: red; font-weight: bold;">Happy Birthday Ruby</p>	<p><b>8</b></p> <p>9:30 Exercise 10:00 Current Events 11:00 Story Time 2:00 walk 6:00 Holiday Lights Drive</p>	<p><b>9</b></p> <p>9:30 Exercise 10:00 Beauty Time 2:00 Trivia Games 3:00 Caroleers</p>	
<p><b>10</b></p> <p>9:30 Exercise 10:00 Sunday Mass 2:00 Sunday Paper 3:00 Sunday Drive</p>	<p><b>11</b></p> <p>9:30 Exercise 10:00 Christmas stories and songs 2:00 Holiday Craft 4:00 Christmas video 6:00 <b>Scenic Drive Holiday Lights</b></p>	<p><b>12</b></p> <p>9:30 Exercise 10:00 Trivia Time 2:00 Bingo 4:00 Teen Center Visit 6:00 Nature Video</p>	<p><b>13</b></p> <p>9:30 Exercise 10:00 Reminisce 2:00 Crafts 3:30 Villanova HS kids visit</p>	<p><b>14</b></p> <p>9:30 Exercise 10:00 Crafts with Gloria 2:00 Bingo 3:00 Lake Casitas</p> <p style="color: red; font-weight: bold;">Happy Birthday Dorothy</p>	<p><b>15</b></p> <p>9:30 Exercise 10:00 Nature Walk 2:00 Bingo 3:00 Art from the Heart 6:00 <b>Scenic Drive Holiday Lights</b></p> 	<p><b>16</b></p> <p>9:30 Exercise 10:00 Beauty Time 2:00 Art –Christmas tree ornaments 3:00 Holiday songs and hot apple cide</p>	
<p><b>17</b></p> <p>9:30 Exercise <b>10:30 Sunday Service</b> <b>12:30 Holiday Lunch with families and visiting musicians.</b> 6:30 Sunday Night Movie</p>	<p><b>18</b></p> <p>9:30 Exercise 10:00 Trivia 2:00 Sensory Awareness games 3:00 Outing to Ojai Art Center 6:00 Video</p>	<p><b>19</b></p> <p>9:30 Exercise 10:00 Ojai Chore leers 2:00 Make Christmas Cards 3:00 Trip to village florist in Arcade</p>	<p><b>20</b></p> <p>9:30 Exercise 10:00arts and crafts 2:00 card games 3:00 Lake Casitas-feed ducks</p>	<p><b>21</b></p> <p>9:30 Exercise 10:00 Trivia and Talk 2:00 Winter Solstice Celebration 4:00 Nature Walk</p>	<p><b>22</b></p> <p>9:15 Exercise 10:00 Christmas Stories 2:00 Art 4:00 Visit with Oliver the Bird</p>	<p><b>23</b></p> <p>9:30 Exercise 10:00 Beauty Time 2:00 Saturday Movie 3:30 Christmas Music and movement</p>	
<p><b>24/31</b></p> <p>9:30 Exercise <b>10:30 Sunday Service</b> 2:00 Christmas Stories 4:00 Christmas Eve Celebration 31/ <b>New Years Eve</b> 9:00 exercise 10:00 Reminisce 2:00 Ice Cream Social 3:00 Walk 4:00 movie</p> 	<p><b>25 Christmas Day</b></p> <p style="color: red; font-weight: bold;">Special Luncheon Happy Holiday to All!</p> 	<p><b>26</b></p> <p>9:30 Exercise 10:00 Reminisce 11:00 Table Games 2:00 Walk outside feed horses 4:00 Sorting activity</p>	<p><b>27</b></p> <p>9:30 Exercise 10:00 make birthday cards 2:00 Bingo 3:00 Lake Casitas 4:00 Trivia</p>	<p><b>28</b></p> <p>9:30 Exercise 10:00 Make Birthday Cards 2:00 Walk 3:00 Celebrate Birth-days</p> <p style="color: red; font-weight: bold;">Happy Birthday Joyce</p>	<p><b>29</b></p> <p>9:15 Exercise 10:00 Circle Time 2:00 Sensory Exercises 3:00 Country Drive 4:00 Music and dance 6:00 Friday Night at the movies</p>	<p><b>30</b></p> <p>9:30 Exercise 10:00 New Year's Stories 2:00 walk 3:00 Live Entertainment</p>	

ACTIVITIES